



For people 18+ with a learning disability and autistic adults

# EVENTS GUIDE

**MAY - AUGUST 2025**

Here are all of the  
Meet N Match events  
taking place near you

[www.spring-projects.co.uk](http://www.spring-projects.co.uk)  
[www.meet-n-match.co.uk](http://www.meet-n-match.co.uk)



Contact Sam, our Events and  
Marketing Manager  
for more information  
on 01254 457026  
[samantha@spring-projects.co.uk](mailto:samantha@spring-projects.co.uk)



# WE ARE SPRING INTO ACTION

**"Attending Meet N  
Match, makes me feel  
included and valid"**

**J - Participant at  
Clitheroe Event**

Spring into Action is committed to creating a world where every individual, regardless of their abilities, feels valued and empowered to fully participate in life.

Our focus is on nurturing positive, healthy relationships, fostering equity, and developing essential life skills.

We are dedicated to providing opportunities for individuals to access the community, build lasting friendships, and enjoy services that are friendly, fun, and enriching.



For more information  
please visit our website:



[www.spring-projects.co.uk](http://www.spring-projects.co.uk)



## Could you support our work?

As a non-profit organisation, Spring into Action relies on funding in order to deliver great projects and services for people with learning disabilities. We welcome support through donations and volunteering opportunities. Can you help?

### Donate



Play our lottery  
from just £4.34  
per month



### Volunteer with us



Hold a  
fundraising  
event or  
take up a  
challenge

## IN 2023-24, WE SUPPORTED:

342

People who attended social events to reduce social isolation

90

People attended workshops to improve their financial literacy

62

People joined our friendship & dating agency to find meaningful connections

60

People were provided with food parcels and food vouchers to support the cost of living

45

Volunteers gave their time supporting our work

940

Hours of volunteering given by our volunteer team



# MEET N MATCH EVENTS NEAR YOU



**FREE**

## **Manchester Pub Night**

Tank & Paddle, Printworks  
Corporation Street, Manchester, M4 2BS

**Thursdays, 6.30pm - 9pm**

1st May, 5th June,  
3rd July, 7th August.



**£5**

(CARERS FREE)

## **Hyndburn Disco**

Adelaide Suite, Adelaide House,  
1 Adelaide Street, Accrington, BB5 2BE

**Fridays, 6.30pm - 9.30pm**

2nd May, 6th June,  
4th July, 1st August.



**FREE**

## **NEW Pub Night & Bowling**

In partnership with **CHOICE SUPPORT**

Rookery Wood Farm Pub,  
Weston Road, Crewe, CW1 6NE

**Meet at 7:15pm at the pub then  
7pm bowling at Phoenix Leisure Park**

6th May, 3rd June,  
1st July, 29th July





**FREE**

## **NEW St Anne's Karaoke Night**

The Links Pub  
Heeley Road,  
Lytham St Anne's, FY8 2HS

**Sunday, 6.30pm - 9pm**

11th May, 8<sup>th</sup> June,  
13<sup>th</sup> July, 10<sup>th</sup> August.



**£5**  
(CARERS FREE)

## **Chorley Disco**

St Joseph's Parish Centre  
Harpers Lane  
Chorley, PR6 OHR

**Thursdays, 6.30pm - 9.30pm**

29th May, 26th June,  
31st July, 28th August.



**£5**  
(CARERS FREE)

## **Blackpool Disco**

Marton Institute  
Oxford Square  
Blackpool, FY4 4DR

**Sundays 6.30pm - 9.30pm**

25th May, 29th June,  
27th July, 31st August.





**FREE**

## **Clitheroe Pub Night**

The Rose & Crown Hotel  
21 Castle Street, Clitheroe, BB7 2BT

**Tuesdays, 6.30pm - 9pm**

27th May, 24th June,  
29th July, 26th August.



**£5**  
(CARERS FREE)

## **Burnley Disco**

Bees Knees  
20 Hargreaves St, Burnley, BB11 1DU

**Wednesdays, 6.30pm - 9.30pm**

21st May, 18th June,  
16th July, 13th August.



**FREE**

## **NEW Open Mic & Disco Night for Autistic Adults**

**In partnership with Cloverleaf  
Advocacy and Alta**

Whether you want to showcase your talent, dance the night away, or simply enjoy the atmosphere at this great event.

Alta, 16 Accrington Road, Whalley, BB7 9TD

**Wednesdays, 6.30pm - 9.30pm**

June 11th, Sept 10th, Dec 10th.

For adults 18+ with  
learning disabilities  
and autistic adults

**£5  
ENTRY**

Carers free  
Ticket only  
event

# SPRING IN DA CLUB

## Club Night

### PRESTON

**16th May,  
22nd Aug, 5th Dec.**

Popworld 13 Church St,  
Preston PR1 3BQ

### BLACKPOOL

**20th June,  
12th Sept, 14th Nov.**

Popworld 120-122 Promenade,  
Blackpool, FY1 1RA

**FRIDAYS, 6PM-9PM**

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Preston



Blackpool



# OPEN MIC & DISCO NIGHT for Autistic Adults

**Wednesdays**

**June 11th  
September 10th  
December 10th**  
**6.30pm-9.30pm**



Come along to sing,  
play an instrument,  
share a poem or  
just take part  
in our disco.

**Free**  
**Ticket Only**  
**Event**



**Alta, 16 Accrington Road,  
Whalley, BB7 9TD**

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**For more details contact  
Samantha, Events &  
Marketing Manager  
01254 457026**

[events@spring-projects.co.uk](mailto:events@spring-projects.co.uk)

**In Partnership with**



**Cloverleaf**  
*Advocacy*



**Scan QR code to  
book**

